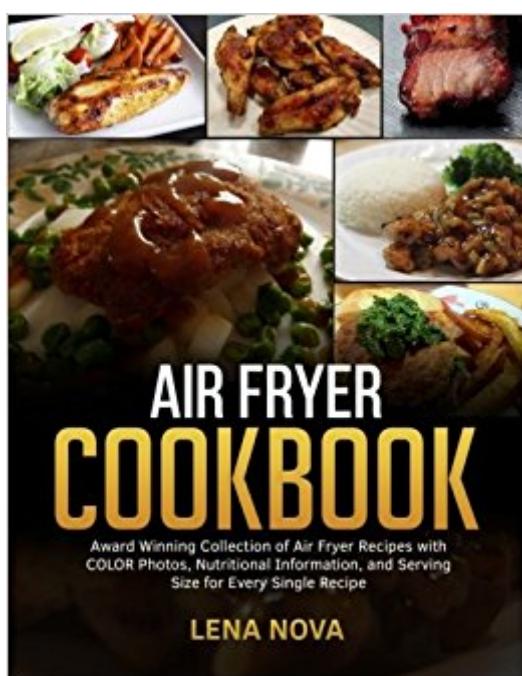


The book was found

Air Fryer Cookbook: Award Winning Collection Of Air Fryer Recipes With COLOR Photos, Nutritional Information, And Serving Size For Every Single Recipe



Synopsis

Kindle MatchBook: The Kindle edition is FREE when you buy the paperback edition today! The top collection of the very best air fryer recipes with color photos, serving size, and nutrition information for every recipe! The most respected authorities on longevity, weight loss, nutrition and health have known for years that traditional frying is one of the least healthy methods for preparing food. Fried food is a major contributor to obesity, heart disease, high blood pressure, and a variety of other serious illnesses. Now you can enjoy delicious fried food without destroying your health! You don't have to make a choice between losing weight and eating tasty food anymore. With this collection of the absolute best air fryer recipes available, you can eat all of the amazing fried chicken, juicy pork, and mouth-watering beef dishes without gaining weight and clogging your arteries with nasty oil and grease. Every single recipe includes a COLOR PHOTO as well as serving size and complete nutritional information! The air fryer has been miracle appliance for people who want to eat healthy but don't want to give up their favorite foods. Even better, the air fryer is fast! You don't need a lot of time to cook world class meals with your air fryer. With the air fryer, you can enjoy healthy meals at home with your family every night of the week while losing weight and doing the right thing for your body and your health. No appliance in history makes healthy home cooking easier than the air fryer and this collection of award-winning recipes lets you unlock the power of your air fryer for you and your family. Award winning air fryer recipes! The air fryer is not just about chicken wings and french fries. You will be amazed at the quality and variety of meals you can make using your air fryer and the recipes you'll find in this cookbook. Eating delicious meals that are healthy and promote weight loss has never been easier! Let's face it: if a diet isn't fun and enjoyable then it won't take too long before it becomes impossible to stick to. Don't set yourself up for failure! Grab this amazing collection of award-winning recipes now and get excited for what you can start enjoying using your air fryer today! For less than the cost of a combo meal at a fast food restaurant, you can get your hands on the best air fryer recipes that will last you for months, all with complete nutritional information, serving sizes, and color photos in this air fryer cookbook. Every recipe is unbelievably easy to make and they are so delicious and healthy you will be proud to serve these meals to your family and friends over and over again! The tastiest and healthiest air fryer recipes you'll ever eat! Fat loss expert Lena Nova has put together the definitive top collection of award winning air fryer recipes that are unlike any other. Whatever you are craving, you can find something to suit your tastes in this cookbook. Critics rave that this air fryer cookbook has elevated the air fryer to a "must have" kitchen appliance. Don't miss out! Say

Ã¢ “YESÃ¢ ” to the very best air fryer recipes and a thinner, healthier you! Grab this cookbook today and see why cooking healthy, low fat meals with the air fryer is becoming so popular. DonÃ¢ ’t miss out on these amazing recipes that your family will want to enjoy again and again and that will make you feel healthier and thinner than you have in years!

Book Information

Paperback: 40 pages

Publisher: CreateSpace Independent Publishing Platform (July 4, 2017)

Language: English

ISBN-10: 154854194X

ISBN-13: 978-1548541941

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 5.4 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 9 customer reviews

Best Sellers Rank: #33,807 in Books (See Top 100 in Books) #22 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Fryers

Customer Reviews

I love this cookbook. First of all, I love how the recipes each include a color photo. Too many cookbooks out there don't do that and it always baffles me because cooking and enjoying food is such a visual experience, not just about taste. Second, I love that the recipes are focused on health. The whole point of buying an air fryer is to control what goes into my body and since every recipe in this cookbook has full nutrition tables eating the recipes in this cookbook makes it easy to stay away from anything unhealthy. Finally, I love how the book is sorted according to the types of protein. This is the logical way that cookbooks should be organized. I can just look at what I have in the fridge and flip to the right part of the book and see what my options are. All in all, this one is a big 5 stars for me and I will be getting a lot of use out of it in the future.

This is a high quality book with high quality recipes. The presentation of the recipes is really top notch and I like that it isn't just the same old stuff I've seen in other Air Fryer Cookbooks. There is lots of variety in proteins and ingredients used in the recipes and I feel like it has given me a new reason to use my air fryer. Great cookbook!

Healthy air fryer recipes that my family can enjoy together regardless of whether they are on a low

fat diet or not. I like the book has big color photos that make the meals look so appetizing and the recipes taste just as good as regular fried food but without all the artery clogging oil.

Great cookbook that is about quality, not quantity. I've bought those other air fryer cookbooks with a million recipes, but they are all just random garbage pulled from the Internet and often repeated in the book. This air fryer cookbook is very high quality in its presentation with color photos of every meal. The recipes are also the best collection of air fryer recipes I have in one place. It is my most used air fryer cookbook

These are the best recipes I've tried for my air fryer. The cookbook isn't as big as some others but it is about quality not quantity. The recipes are presented well with color photos and nutritional information and all the recipes I've made have turned out perfectly. They aren't hard to make but they look like a lot of time and effort went into them so they're great for serving family and friends.

This was my first time to try the air fryer and I am happy that this book made it easier for me to understand it quickly at the same time recipes are healthy. I found this book really a great help most especially for someone like me who doesn't have any background. Recommended!

This book is all about meat and seafood cooking in the air fryer. All the recipes are regular ingredients and give you a starting point to using your air fryer. Not a very lengthy book, but well worth the money!

Nice recipes. Thanks for nutritional information. More recipes, please.

[Download to continue reading...](#)

Air Fryer Cookbook: Award Winning Collection of Air Fryer Recipes with COLOR Photos, Nutritional Information, and Serving Size for Every Single Recipe Air Fryer: Air Fryer Cookbook: Air Fryer Recipes: Healthy, Quick, & Easy Air Fryer Recipes for You & Your Family (Air Fryer, Air Fryer Cookbook, Air Fryer Recipes Book 1) AIR FRYER: TOP 35 Easy And Delicious Recipes In One Cookbook For Everyday Life (Air Fryer Recipe Book, Air Fryer Cooking, Air Fryer Oven, Air Fryer Baking, Air Fryer Book, Air Frying Cookbook) AIR FRYER COOKBOOK: 135 AMAZINGLY DELICIOUS QUICK & EASY AIR FRYER RECIPES (air fryer healthy recipes, air fryer paleo, air fryer ultimate, air fryer gluten free, air fryer ketogenic) Air Fryer Cookbook: Top 100 Healthy Air Fryer Recipes with Photos, Nutritional Information, and Serving Size for Every Single Recipe Air

Fryer Cookbook: 450 Amazingly Healthy & Delicious Air Fryer Recipes. (With Nutrition Facts of Each & Every Recipe) (Air fryer Cookbook, Air fryer Recipes, Air fryer Recipe Book) Air Fryer Cookbook: Healthy & Easy Air Fryer Recipes for Everyone (Air Fryer Recipe Book, Air Fryer Cooking, Best Air Fryer Recipes) Air Fryer Recipes Cookbook: Delicious 123 Recipes to Fry, Bake, Grill, and Roast with Your Air Fryer(Air Fryer Cookbook, Oil Free Cookbook,Healthy Air Fryer Recipes) Air Fryer Cookbook: 365 Days of Air Fryer Cookbook - 365 Healthy, Quick and Easy Recipes to Fry, Bake, Grill, and Roast with Air Fryer (Everything Complete Air Fryer Book, Vegan, Paleo, Pot, Meals) Air Fryer Recipes: The Ultimate Air Fryer Recipes Book for Your WHOLE Family - Includes 101+ Delicious & Healthy Recipes That Are Quick & Easy to Make for Your Air Fryer (Air Fryer Series) Air Fryer Cookbook: The Quick & Easy Guide to Delicious Air Fryer Meals - Air Fryer Recipes - Complete Air Fryer Guide Air Fryer Ultimate Cookbook - 2nd Edition: The Quick & Easy Guide to Delicious Air Fryer Meals - Air Fryer Recipes - Complete Air Fryer Guide AIR FRYER RECIPES: AIR FRYER COOKBOOK: 500 BEST RECIPES TO FRY, GRILL, ROAST AND BAKE (paleo, clean eating, keto, healthy meals, air fryer recipes cookbook, ... cooking for two, vegan, Instant meal, pot) Air Fryer Cookbook: The WorldÃ¢â€žâ¢s No. 1 Low Fat Fryer, The Ultimate Healthy Delicious Recipes Cookbook (clean eating, healthy cookbook, air fryer recipes cookbook,) BOOK BUNDLE: The complete set of 3 awesome Air Fryer cookbooks: Air Fryer Made Simple, Air Fryer Advanced, Air Fryer Ultimate. Make pro level dishes from the comfort and privacy of Your kitchen! Air Fryer Cookbook: Easy & Healthy Air Fryer Recipes For The Everyday Home Ã¢â€žâ¢ Delicious Triple-Tested, Family-Approved Air Fryer Recipes (Healthy Cookbook Book 1) Ketogenic Bread: Low Carb Keto Bread Bakers Cookbook with COLOR PHOTOS, Serving Size, And Nutrition Facts For Every Keto Bread Recipe! Air Fryer Cookbook: The Comprehensive Air Fryer Cookbook for Busy People - Includes 40+ Healthy, Quick & Easy Recipes for Beginners (Air Fryer Series 2) Air Fryer Cookbook:: The Only Air Fryer Recipes Cookbook You Need To Master Air Fryer Cooking (Volume 1) Air Fryer Cookbook: The Only Air Fryer Recipes Cookbook You Need To Master Air Fryer Cooking

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)